

PARTICIPANTS NEEDED



I am seeking **volunteers** over the age of 18, who identify as having **a level of social anxiety** (this can be mild, moderate or high) to take part in my MSc Psychology Dissertation research study with BPP University, under the supervision of Dr Adela Apetroaia. The study is confidential and has approval from the BPP University Ethics Committee.

WHAT IS SOCIAL ANXIETY?

Social anxiety is fear or anxiety of social situations where one may be scrutinized, leading to avoidance of such situations or enduring them with intense distress.

TIME & STUDY ACTIVITIES

- You will complete a questionnaire and take part in a 2-minute video interview (remotely).
- The total time required (for the questionnaire and interview together) is approx. 12 minutes.
- No follow-up contact is required.

LOCATION

Completely remote. A 2-minute video interview will be held over Teams, and the questionnaire is self-complete remotely.

PARTICIPANTS

You may not know if you have social anxiety, and we all have some degree of social anxiety. Please do consider taking part even if you're not sure, I am also seeking volunteers without social anxiety to form a comparative low social anxiety group.